

Class of 2023 Senior Reflections

In an effort to recognize and honor all graduating seniors for their participation in squash over the years, US Squash is asking graduating seniors to share reflections about their junior squash career.

We would love to include your voice on our website and social media as you move onto your next chapter in life and your journey in squash.

Please submit:

1. A headshot photo of you
 - *We request that you not wear a hat or sunglasses or anything else that may be obstructing your face.*
2. Name of the college/university you plan to attend next year (if applicable)
 - *In the submitted photo, students are welcome to wear a shirt/sweatshirt of the university you plan to attend.*
3. A brief 150-200 word comment on your junior squash experience. You could consider...
 - *What role has squash played in your life?*
 - *What is your best memory from your time in junior squash?*
 - *How has squash prepared you for your next steps in life?*

Please email your reflections to Narelle.Krizek@ussquash.org

Sample Submissions:

Jacqlyn Dichter | WESLEYAN UNIVERSITY



I have been playing squash for about ten years and I wouldn't trade it for anything because this sport has brought so much to my life. Squash is something that I always look forward to in my day because I love getting on the court to play and compete, especially with the great friends and teammates this sport has given me. I also find it really great that I am able to hop on the court with my older sister to have fun and practice. These past years of being a part of the squash community have been such an amazing fun experience. Both individual and school tournaments are always a favorite of mine, and I am very excited to continue playing college squash. I can't wait to continue competing and meeting more people through squash!

Caleb Boateng | MIDDLEBURY COLLEGE



Squash means the world to me. Without squash I would not be where I am today. That one try-out in 3rd grade to join CitySquash, an urban squash program in the Bronx, changed my whole life. Through squash I met new people who have helped me in my life journey enabling me to attend Brunswick School. Since the day I started, I have loved the sport, and I have been able to play throughout Middle School and High School with an amazing group of boys. Squash has also given me the opportunity to inspire my younger teammates at CitySquash to strive to be the best no matter the circumstances. I am truly grateful for squash.